



**STUDENT CAREER DEVELOPMENT CELL**  
**ARAVALI COLLEGE OF ENGINEERING AND MANAGEMENT , FARIDABAD**

IS ORGANIZING A

**NATIONAL WEBINAR**

On

**HOW TO HANDLE STRESS**

**18th June 2021, 11:00AM onwards**

**Registration link : <https://forms.gle/NhCPPWw82EQ4mkS79>**



**Organizers:**

**1. Ms. Manu Singh (Head, ASH Dept.)**

**2. Ms. Shweta (Event Convener)**

**3. Ms. Sakshi (Event Co-Convener)**



**Dr. Sunaina Singh**  
**(Ex. Army Officer)**



**Ms. Manu Singh**  
**(Head-ASH Dept.)**

**E-certificates** will be provided to all the registered participants after attending the webinar and submitting the feedback form.  
Faculty members and students are requested to participate.